

2025 JH Track

Date	Location	Time	Depart
Mon 4/21	Ritzville	3:00	1:15
Wed 4/23	Mansfield	3:30/3:50	1:00
Mon 4/28	Ritzville	3:00	1:15
Wed 4/30	Valley Christian	3:30/3:50	12:45
Wed 5/7	Valley Christian	3:30/3:50	12:45
Tues 5/13	Ephrata	3:30/3:50	1:30
Wed 5/14	Valley Christian	3:30/3:50	12:45

Field events start at 3:30

Running events start at 3:50